



## About Only Protein

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### ONLY PROTEIN IS THE PRODUCT OF MEETING THREE PEOPLE'S NEEDS.

Mike Rino is an avid mountain biker. Having mountain biked for some time, he realized that, after riding a substantial amount of time, he was losing muscle and began looking for a way to protect his hard-earned muscle. He needed a product that was easy to carry and use. Mike had been working in the packaging industry and saw the opportunity to package [protein in a stick](#). This would be the answer to what he had been looking for with his long-distance biking.





## THE ONLY PROTEIN POWDER STICKS ON-THE-GO!

Our convenient on-the-go Protein Powder sticks are designed to fuel your body with 18 grams of the best-rated organic whey protein isolate, essential branch chain amino acids, and vitamins, without [ANY HARMFUL INGREDIENTS](#). Our cold-filtered Protein Powder Sticks tear easy and fit in small places, making it extra convenient to have a clean, energizing snack any time of the day. Only Protein Powder Sticks are available in the following flavors:

[CHOCOLATE](#) + [VANILLA](#) + [MOCHA](#)

Nutritional Facts <b>Chocolate</b>		Amino Acid Profile	
Serving Size: 1 stick (27g)		Essential Amino Acids	
Servings per Container: 15			
Amount Per Serving	% Daily Value		
Calories	170 110%	Isoleucine	1200 mg
Calories from Fat	10 10%	Leucine	1400 mg
Total Fat	1.5 g 3%	Lysine	1700 mg
Saturated Fat	0.5 g 1%	Methionine	400 mg
Trans Fat	0 g 0%	Phenylalanine	600 mg
Cholesterol	50 mg 10%	Threonine	1200 mg
Sodium	110 mg 2%	Tryptophan	300 mg
Total Carbohydrate	4 g 8%	Valine	1000 mg
Fiber	1 g 4%	Non-Essential Amino Acids	
Sugars	2 g 4%	Alanine	300 mg
Protein	18 g 36%	Aspartic Acid	2500 mg
Calcium	30 mg 6%	Aspartic Acid	2500 mg
Iron	0.8 mg 4%	Cysteine/Glutathione	400 mg
Ingredients (Non-GMO):		Glutamic Acid	2400 mg
New Zealand Whey Isolate 27 g		Glutamine	300 mg
(Concentrated, Isolate, Calcium Caseinate)		Proline	1100 mg
Potassium 200 mg		Serine	800 mg
Lactose 200 mg		Threonine	1200 mg
† Daily Values not established.			



## ONLY PROTEIN MEAL REPLACEMENT POWDER!

**ONLY PROTEIN meal replacement powder** is a unique formula that is designed to help you with balanced [nutrition](#). ONLY PROTEIN begins with New Zealand hormone-free, pollution-free whey. Some of the highest standards in the world can be found in New Zealand. Their cows are grass fed and free grazing. You will never see feed lot conditions because New Zealand does not allow rBGH or BST hormones! Their cows are also free of antibiotics and chemical residue, which makes for a pure product- so pure that it is soon to be labeled "Certified Organic." ONLY PROTEIN is a highly bioavailable meal replacement with protein, vitamins, minerals, and fiber: everything your body needs. We have also added a South African Hoodia, CLA, Carnitine, and Garcina Cambogia, which research has shown to support fat loss and lean muscle synthesis. Only Protein Meal Replacement Powder jugs are available in the following flavors:

CHOCOLATE + VANILLA

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### **Contact Only Protein**

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